<table>
<thead>
<tr>
<th>Date</th>
<th>Menu</th>
<th>Notes</th>
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</thead>
</table>
| 1 | L-Poppy seed Chicken  
D-Breakfast For Dinner  
G-Turkey Burger  
V-Meatless Chick'N Nuggets |  |
| 2 | L-Grilled Chicken,  
Hamburgers, & Hotdogs  
D-Meatloaf  
G-See above  
V-Gardenburger |  |
| 5 | L-Lemon Pepper Chicken  
D-Italian Fest  
G-Corn Dog  
V-Tuscan Vegetable Pasta |  |
| 6 | L-Beef Vegetable Lo Mein  
D-Sloppy Joes  
G-Chicken Nuggets  
V-Tofu Stir Fry |  |
| 7 | L-Fried/Baked Chicken  
D-BBQ Pulled Pork  
G-Grilled Cheese  
V-Falafel | Fall Break  
V-Gardenburger |
| 8 | Fall Break | Fall Break  
V-Gardenburger |
| 12 | L-Spaghetti Bake  
D-Beef Pot Roast  
G-Fried Chicken Sandwich  
V-Veggie Bake |  |
| 13 | L-Chicken n Beef Nachos  
Cheese Enchiladas  
D-Baked Pork Chops  
G-Cheeseburger  
V-Rice & Bean Burrito |  |
| 14 | L-Fried/Baked Chicken  
D-Beef Ravioli  
G-Hat Dog  
V-Black Bean Burger | L-BBQ Pulled Pork  
D-Chicken Alfredo  
G-Turkey Burger  
V-Baked Sweet Potato  
V-Meatless Chick'N Patties |
| 15 | L-Grilled Cheese  
D-BBQ Ribs  
G-Chicken Nuggets  
V-Meatless Chick'N Patties |  |
| 19 | L-BBQ Meatball Spaghetti  
D-Italian Fest  
G-Grilled Chicken Sandwich  
V-Roasted Vegetables w/ Feta Cheese |  |
| 20 | L-Pepper Steak  
Stir Fry Chicken  
D-Turkey Meatloaf  
G-Beef and Cheddar  
V-Brown Rice Pilaf | L-Fried/Baked Chicken  
D-Beef Stroganoff  
G-Buffalo Chicken Chunks  
V-Meatless Chick'N Nuggets  
V-Gardenburger |
| 21 | L-Pot Roast  
D-Breakfast For Dinner  
G-Cheeseburger  
V-Gardenburger | L-Fried / Baked Fish  
D-BBQ Ribs  
G-Corn Dog  
V-Spinach and Rice Pilaf |
| 26 | L-Italian Sausage Spaghetti  
D-Caprese Chicken  
G-Cheeseburger  
V-Meatless Chick'N Nuggets |  |
| 27 | L-Beef Soft Taco  
Chicken Fajitas  
D-Brown Sugar Ham  
G-Fried Chicken Sandwich  
V-Black Bean Burrito | L-Fried/Baked Chicken  
D-Beef Tips / Gravy  
G-Hot Dog  
V-Baked Sweet Potato |  |
| 28 | L-Chicken Pot Pie  
D-BBQ Chicken  
G-Grilled Chicken Sandwich  
V-Quinoa Pilaf | L-Country Fried Steak  
D-Beef Tips  
G-Turkey Burger  
V-Meatless Chick'N Patty |
| 29 |  |  |  |  |  |
| 30 |  |  |  |  |  |