



## Teledoc Registration and Consult Instructions

### To register for an account:

1. Go to link: <https://mhealth.iselectmd.com/point.html>.
2. Click Register Now.
3. Enter access code if field is not already populated. Access code: PTU1144
4. Click Individual Program if not already selected.
5. Click Continue.
6. Fill out all necessary Personal Information on registration page.
  - a. Be sure to remember your email and password as you will need it to log into your account. Please use your student email.
7. Click Continue/Submit.
8. Click Continue to the iSelect Standard Medical History Disclosure.
9. Fill out all necessary Standard Medical History Disclosure.
10. Click Almost Done.
11. Next to complete Medical Release Form, click Complete It Now.
  - a. This form authorizes the release of medical information.
    - i. Authorizes iSelectMD to obtain or disclose protected health information about you.
12. In the field: PLEASE PROVIDE CURRENT PHONE NUMBER IN THE EVENT THAT WE NEED TO CONTACT YOU, put your cell phone number.
13. Sign and click Submit Form.

### To consult a doctor through iSelectMD:

1. Go to link: <https://mhealth.iselectmd.com/login.cfm>.
2. Enter your username (username is the email you entered above) and password.
3. On the Overview tab on the screen, there should be a number to call if you are in need of a consultation. The number is: 1-877-775-3006.
4. Once you call the number, you will be presented with a couple of options.
  - a. To consult a doctor, press 1 and you will be connected.
  - b. If you are having trouble logging in or registering, press 2.
5. After you have consulted with a doctor, your consult history will be on the Consults tab under My iSelectMD account on your web browser.

Note: You may need documentation from the doctor in order to be cleared to return to campus.