Shelter in Place:

When Point Care or Sports Medicine are notified a person has tested positive for the virus the process of contact tracing begins. To ensure the safety of our community, those most likely to have been exposed to the positive individual are placed in a *Shelter in Place* status until tracing has been completed and all impacted parties have been notified. The *Shelter in Place* notification will usually be issued from a Coach to their athletes; however, any university official may issue the *Shelter in Place* order. During a *Shelter in Place* order, students should remain in their place of residence (dorm room, apartment, or off campus residence) until they are released. The one exception is when residential students on a meal plan may go to the cafeteria to pick up a meal to go. During the time when they are outside of their room/apartment they must wear a properly fitted mask fully covering their nose and mouth at all time. Once they have filled their to go container with food, they must immediately return to their room/apartment until they receive further directions from Student Life and/or their coach regarding their exposure, or they are released from the *Shelter in Place* state.

What to expect when you have tested positive for the virus:

When you learn you have tested positive for the COVID-19 virus you must immediately notify Point Care of the results. (Note: failure to provide this notification within 24 hrs will is a violation of the Point Care Agreement and will result in disciplinary sanctions.) Upon receipt of the positive test results you can expect the following:

- During isolation you must stay in a room by yourself and avoid contact with anyone. If contact cannot be avoided, you must wear a mask and remain farther than 6 ft away from others so as not to expose them to the virus. When possible, use a separate bathroom and avoid sharing any household items.
- If you are a residential student and your permanent address is within 3 hours of campus you must isolate at home. As a curtesy, you will be allowed to stay in campus isolation housing for one night while you make travel arrangements. If this causes a hardship for you, please notify Student Life immediately at studentlife@point.edu. Please note, once you go home you may not return to campus until you have been cleared by someone from the Point Care team. If your permanent address is farther than 3 hours away, you must stay isolated in your room until Student Life contacts you about moving to isolation housing.
- If you are a commuter student, you must isolate off campus until you've been released by someone on the Point Care team.
- A tracer from Student Life will contact you to ask you questions regarding Point community members you've been in contact with over the last 5 days. In preparation for this conversation please review your schedule and begin to create a list of names. We also ask you to remember that those closest to you have been placed under a *Shelter in Place* status until contact tracing is completed. To expedite the process, please answer all incoming phone calls and respond to text messages/emails in a timely manner. Once tracing has been

completed, and all notifications have been sent, the contact tracer will notify you and your coach by email so the *Shelter in Place* release notification can be sent.

Quarantine/Isolation Housing Information

- If you remain on campus and move to quarantine/isolation housing, you will be required to remain in the apartment until you are released. You will need to pack the following item:
 - o Bedding
 - o Towels
 - Toiletries
 - Clothes enough for 10+ days note, you will not have access to laundry rooms during isolation
 - Laptop, books and other items needed to complete schoolwork note, if you do not have a computer, you may borrow one from IT on a first come, first served basis. A \$100 deposit will be charged to your student account until you return the computer in good condition.
 - Snacks or drinks Note meals will be delivered to you along with a snack bag every few days. Gatorade and juice are also provided, however if you'd like additional snacks or drinks, please bring them with you.
 - While in isolation, you will be provided with basic cleaning supplies and paper products. Thermometers, some over the counter medications and hand sanitizers may also be requested.
- While you are in quarantine/isolation you must honestly report your symptoms via the *Daily Symptom Tracker* form in eRez. To access the form, log into your eRez account (where you submitted your housing/commuter application, immunization form etc) and you'll find it located under

My Forms. In addition, members of Point Care and the Student Life Quarantine Care team will be in contact with you regarding your health anything you may need.

Important Contact information:

Point Care pointcare@point.edu

Quarantine Care/Student Life: 706-385-1060 studentlife@point.edu

Campus Security: 404-232-5420