

Direct vs. Indirect Matrix

	DIRECT CONTACT	INDIRECT CONTACT	Does not qualify for contact
Within 6 feet	x	Any 2 of the items in this column combined (within 6 ft + >15 minutes, within 6 ft and someone is not wearing a mask*, etc.)	Only one of these or none of these
Greater than 15 minutes	x		
Mask?	Infected individual not wearing a mask or no masks	*Infected individual doesn't have mask = all impacted OR someone who is not wearing a mask around a masked infected individual	
Examples	Flock/family, practice groups if masks aren't worn...	Classroom if all students are wearing masks and professor (w/o mask) always maintains 6+ ft distance	Everything else :)

Timeframes for each

Positive test – 5 days isolation, including 24 hours symptom free

Indirect contact – 3 days quarantine

Direct contact – **Fully Vaccinated** (within 6 months of second dose or has received booster) are exempt from quarantine. **Not Fully Vaccinated** will be placed in a 5-day quarantine which they will be able to test out of following a negative COVID test.

Options for consideration to be released from quarantine:

1. After day 5 without testing and with no reported symptoms
2. After day 3 after receiving a negative PCR test result

After stopping quarantine, you should:

1. Watch for symptoms until 10 days after exposure.
2. If you have symptoms, immediately self-isolate and contact a medical professional.
3. Wear a mask, social distance, wash your hands and adhere to Point Care guidelines.